



# LOUDONVILLE

## CHRISTIAN SCHOOL

### RETURN TO SCHOOL PROTOCOL

All information is subject to change based on updated guidance from the NYS/Albany County Department of Health updated as of 1/11/2022.

#### FOR FULLY VACCINATED INDIVIDUALS ONLY

##### For **FULLY VACCINATED INDIVIDUALS** who test **POSITIVE** for COVID:

- You may return to school after an isolation period of five (5) FULL days, returning on day six (6) under the following conditions:
  - Must be asymptomatic or have mild symptoms
    - No fever within 72 hours, without fever-reducing medication
    - Symptoms (if any) are improving
    - No runny nose
    - No disruptive cough
  - Must not be immunocompromised
  - It is recommended that you adhere to the following when not at school:
    - Practice social distancing
    - Don't eat with others
    - Self-monitor for symptoms
    - Wear a mask for an additional 5 days around all people
  - Upon return to school, you must wear an N-95 mask for 2 more days (obtain from the Health Office before attending classes)

##### PLEASE NOTE:

- Your first day of symptoms is DAY 0. If you have no symptoms, DAY 0 is the date of your positive test.
- If you become symptomatic or symptoms worsen, you must remain out of school.

##### For **FULLY VACCINATED INDIVIDUALS** who have an **EXPOSURE** to COVID:

- You are not required to quarantine. If you develop symptoms please see the section below regarding symptoms.

##### For **FULLY VACCINATED INDIVIDUALS** who have **COVID-LIKE** symptoms:

- If you have **NO KNOWN CONTACT/EXPOSURE** to someone who has been diagnosed with COVID, you may return to school when:
  - Receive a negative COVID test result (either rapid test administered by the school or a lab-based PCR test)
  - All symptoms are improving
  - Fever-free for 24 hours without the use of fever-reducing medication
  - No runny nose
  - No disruptive cough
  - No vomiting or diarrhea for at least the previous 12 hours

**PLEASE NOTE: If you use a rapid test and the results are **POSITIVE**, please see the section below titled “**SELF-REPORTING FOR A POSITIVE COVID TEST.**”**

**For FULLY VACCINATED INDIVIDUALS who have **COVID-LIKE** symptoms:**

- **If you have A KNOWN CONTACT/EXPOSURE with someone who has been diagnosed with COVID, you may return to school when:**
  - Receive a negative COVID test result (LAB BASED PCR ONLY)
  - All symptoms are improving
  - Fever free for 24 hours without the use of fever-reducing medication
  - No runny nose
  - No disruptive cough
  - No vomiting or diarrhea for at least the previous 12 hours



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## CHRISTIAN SCHOOL

### FOR UNVACCINATED INDIVIDUALS ONLY

#### For **UNVACCINATED INDIVIDUALS** who test **POSITIVE** for COVID:

- You may return to school after an isolation period of five (5) FULL days, returning on day six (6) under the following conditions:
  - Must be asymptomatic or have mild symptoms
    - No fever within 72 hours, without fever-reducing medication
    - Symptoms (if any) are improving
    - No runny nose
    - No disruptive cough
  - Must not be immunocompromised
  - It is recommended that you adhere to the following when not at school:
    - Practice social distancing
    - Don't eat with others
    - Self-monitor for symptoms
    - Wear a mask for an additional 5 days around all people
  - Upon return to school, you must wear an N-95 mask for 2 more days (obtain from the Health Office before attending classes).

#### PLEASE NOTE:

- Your first day of symptoms is DAY 0. If you have no symptoms, DAY 0 is the date of your positive test.
- If you become symptomatic or symptoms worsen, you must remain out of school.

#### For **UNVACCINATED INDIVIDUALS** who have an **EXPOSURE** to COVID:

- You must quarantine for **5 FULL days from exposure**.
- If you develop symptoms please see the section below regarding symptoms.

#### For **UNVACCINATED INDIVIDUALS** who have **COVID-LIKE** symptoms:

- If you have **NO KNOWN CONTACT/EXPOSURE** to someone who has been diagnosed with COVID, you may return to school when:
  - Receive a negative COVID test result (either rapid test administered by the school or a lab-based PCR test)
  - All symptoms are improving
  - Fever-free for 24 hours without the use of fever-reducing medication
  - No runny nose
  - No disruptive cough
  - No vomiting or diarrhea for at least the previous 12 hours

**PLEASE NOTE:** If you use a rapid test and the results are **POSITIVE**, please see the section below titled “**SELF-REPORTING FOR A POSITIVE COVID TEST.**”

## For **UNVACCINATED INDIVIDUALS** who have **COVID-LIKE** symptoms:

- If you have **A KNOWN CONTACT/EXPOSURE** with someone who has been diagnosed with **COVID**, you may return to school when:
  - Receive a negative COVID test result (LAB BASED PCR ONLY)
  - All symptoms are improving
  - Fever free for 24 hours without the use of fever-reducing medication
  - No runny nose
  - No disruptive cough
  - No vomiting or diarrhea for at least the previous 12 hours

## FOR ALL INDIVIDUALS - REGARDLESS OF VACCINATION STATUS

**SELF-REPORT A POSITIVE RAPID TEST:** If you use a rapid test and the results are **POSITIVE**, you must take a picture of the test and the box. You will need to “self-report” the positive test result to your local Department of Health, along with the pictures. You will also need to notify the Health Office immediately.

Self Reporting forms are available at the following links:

- **Albany County:** <https://forms.albanycounty.com/Forms/dcu8G>
- **Saratoga County:** <https://www.saratogacountyny.gov/covid/covid-19-testing/report-positive-covid-self-tests/>
- **Schenectady County:** [www.schenectadycounty.com/covid19/selfreporting](http://www.schenectadycounty.com/covid19/selfreporting)
- No information is available currently for **Rensselaer or Warren Counties**

## If you have **COVID-LIKE** symptoms and you receive a **laboratory-confirmed alternate diagnosis:**

- Obtain a written diagnosis from the healthcare provider for a laboratory-confirmed acute illness (ex: laboratory-confirmed influenza, strep throat, etc.)
  - The healthcare provider must indicate that COVID is not suspected.
- The note from the **healthcare provider must detail the alternate diagnosis as well as a release to return to school.**
  - Assigned note from a healthcare provider documenting an unconfirmed acute illness, such as a viral upper respiratory illness or viral gastroenteritis, will not suffice.

## If you have a **pre-existing condition that presents itself with COVID-LIKE symptoms (runny nose, cough, etc.):**

- Obtain a written diagnosis from the healthcare provider of a known chronic condition with unchanged symptoms.
- The note from the **healthcare provider must detail the pre-existing condition, along with all-related symptoms, and must indicate that COVID is not suspected.**

## If you present with **COVID-LIKE** symptoms and you have tested positive for COVID within the last 90 days, you must remain out of school until:

- All symptoms are improving
- You have been fever-free for 24 hours without the use of fever-reducing medication

\* If your symptoms are not improving, you should contact a medical provider for further guidance.

- You **DO NOT** need a negative COVID test to return.