



THE EAGLE

"And Jesus increased in wisdom and in stature and in favor with God and man." Luke 2:52 ESV

DECEMBER

17-19-Lost and Found

18-Fourth Grade Field Trip to Atria Assisted Living,
8:30 am – 11:30 am

19-Ugly Sweater Day

19-Last day to bring in Christmas gifts for refugees

20-Jan 1, Christmas Break



LCS
ATHLETICS

DECEMBER SCHEDULE

17-Boys' Varsity Basketball @ Berlin, 6:00 pm, DT 4:15 pm, RT 8:30 pm

18-Boys' Modified Basketball @ Doane Stuart, 4:00 pm, DT 3:00 pm

19-Girls' Varsity Basketball @ Bishop Maginn, 5:30 pm, DT 4:15 pm, RT 9:00 pm

19-Girls' Modified Basketball vs. BKW, 4:30 pm

19-Boys' Varsity Basketball @ Bishop Maginn, 7:00 pm, DT 4:15 pm, RT 9:00 pm

27-Boys' Varsity Basketball @ Warrensburg, 5:30 pm, DT 3:45 pm

28-Boys' Varsity Basketball @ Warrensburg, 5:30 pm

JANUARY

2-Girls' Varsity Basketball @ Bolton, 5:00 pm, DT 3:15 pm, RT 9:00 pm

Neighbors in Need is a Christmas Giving Tradition at LCS

The families we help are legal refugees from Myanmar who have been in captivity in Thailand refugee camps before arriving here. They are precious people who are in need of Christian love.

This year we have 2 ways to join in the blessing of giving to those in need!

Option one: Adopt a child. Contact [Lynne Smith](#) to receive the name of a particular child and gift request information. Gifts need to be returned to school by December 19th, wrapped and labeled with the child's name. If adopting a child, we request three to five gifts for the child with at least one of them being a toy.

Option two: Choose a gift item from the tree in the foyer and return it UNWRAPPED any time before December 19th!



SPELLING BEE WINNERS:

Congratulations to Kara Stallmer and Makalya Slane for being co-winners of this year's Spelling Bee!



SHOP AT COLONIE CENTER & EARN

SCHOOL BUCKS FOR LCS!

Turn your receipts into the Mall Management Office or to the School Office. For every \$1 spent, LCS will earn 1 School buck. Thank you for your support of this wonderful program!



LOUDONVILLE
CHRISTIAN SCHOOL

The class of 2021 is selling oil change coupons from Metro Ford/Quick Lane of Schenectady. These coupons are being offered at a special discounted rate of \$15 for a basic oil and filter change! This is the perfect gift for your favorite car owner! Order forms have been sent home with students and are available in the school office.



Quick Lane Tire & Auto Center
Schenectady, NY, 12304
3631 State Street
Schenectady, NY 12304
(518) 382-1025(518) 382-1025

Take the hassle out of enrollment!



January, 2019 LCS Introduces
Continuous Enrollment System



Ugly Christmas Sweaters

December 19

For unto us a
 Child is born!

HOFFMAN Helping Hands

Looking for that perfect gift for a loved one, teacher, co-worker, or friend? A car wash is the perfect gift! Everyone needs a car wash in the winter months! Visit the Hoffman Helping Hands website and purchase your car wash tickets through the "Graduating class of 2020."

Buy your tickets on the Helping Hands [website](#)!



Parents of 3-6th graders:

This is a reminder that boys' and girls' intramural basketball starts on Saturday, 12/8 @ 10:30 am - 12:00 pm in the LCS gymnasium. The program will run through Saturday, February 9th. **All are welcome** to have some fun while learning to help build your basketball skills!!

There is **NO CHARGE** for these events. We hope to see you there!!
LCS Athletics Staff

LOUDONVILLE CHRISTIAN BASKETBALL

Intramurals



What – Basketball, skills, games, & fun!

Who – Boys and Girls in grades 3-6.

When – Saturdays starting 12/8 at 10:30 am-12:00 pm

No intramurals 12/22 or 12/29

Where – LCS Gymnasium

You are **not** required to attend every session

Questions? – email [Brian Johnson](#)





LCS PTF INVITES YOU TO
THE *FIRST EVER*

3 ON 3 BASKETBALL TOURNAMENT

a fundraiser for LCS

SAT JAN 19TH, 2019
STARTS AT 10 AM
LCS GYM

All ages welcome!

Invite friends from outside LCS!

Registration Deadline - January 11th

PreK - 3rd Grade Pizza Shootout - \$7 each

4th - 6th Grade Division

7th & 8th Grade Division

9th - 12th Grade Division

Parent/Adult Division

\$15 per person, \$45 for a team.

Register at lcs.org/basketballtourney

Keep your kids safe. Get their flu vaccine every year.

The Flu: A Guide for Parents

Is the flu more serious for kids?	Infants and young children are at greater risk for getting seriously ill from the flu. That's why the New York State Department of Health recommends that all children 6 months and older get the flu vaccine.
Flu vaccine may save your child's life.	Most people with the flu are sick for about a week, and then they feel better. But, some people, especially young children, pregnant women, older people, and people with chronic health problems can get very sick. Some can even die. An annual vaccine is the best way to protect your child from the flu. The vaccine is recommended for everyone 6 months and older every year.
What is the flu?	The flu, or influenza, is an infection of the nose, throat, and lungs. The flu can spread from person to person.
Who needs the flu vaccine?	<ul style="list-style-type: none"> • Flu vaccine can be given to children 6 months and older. • Children younger than 9 years old who get a vaccine for the first time need two doses.
How else can I protect my child?	<ul style="list-style-type: none"> • Get the flu vaccine yourself. • Encourage your child's close contacts to get the flu vaccine, too. This is very important if your child is younger than 5, or if he or she has a chronic health problem such as asthma (breathing disease) or diabetes (high blood sugar levels). Because children under 6 months can't be vaccinated, they rely on those around them to get an annual flu vaccine. • Wash your hands often and cover your coughs and sneezes. It's best to use a tissue and quickly throw it away. If you don't have a tissue, cough or sneeze into your upper sleeve, not your hands. This will prevent the spread of germs. • Tell your children to: <ul style="list-style-type: none"> • Stay away from people who are sick; • Clean their hands often; • Keep their hands away from their face; and • Cover coughs and sneezes to protect others.
What are signs of the flu?	The flu comes on suddenly. Most people with the flu feel very tired and have a high fever, headache, dry cough, sore throat, runny or stuffy nose, and sore muscles. Some people, especially children, may also have stomach problems and diarrhea. The cough can last two or more weeks.

How does the flu spread?	People who have the flu usually cough, sneeze, and have a runny nose. The droplets in a cough, sneeze or runny nose contain the flu virus. Other people can get the flu by breathing in these droplets or by getting them in their nose or mouth.
How long can a sick person spread the flu to others?	Most healthy adults may be able to spread the flu from one day before getting sick to up to 5 days after getting sick. This can be longer in children and in people who don't fight disease as well (people with weaker immune systems).
What should I use to clean hands?	Wash your children's hands with soap and water. Wash them for as long as it takes to sing the "Happy Birthday" song twice. If soap and water are not handy, use a hand sanitizer. It should be rubbed into hands until the hands are dry.
What can I do if my child gets sick?	<ul style="list-style-type: none"> • Make sure your child gets plenty of rest and drinks lots of fluids. • Talk with your child's health care provider before giving your child over-the-counter medicine. • Never give your child or teen aspirin, or medicine that has aspirin in it. It can cause serious problems. • Call your child's health care provider if your child develops flu symptoms and is younger than 5 or has a chronic medical condition like asthma, diabetes, or heart or lung disease. • If you are worried about your child's illness, call your health care provider.
Can my child go to school or day care with the flu?	No. If your child has the flu, he or she should stay home to rest. This helps avoid giving the flu to other children.
When can my child go back to school or day care after having the flu?	Children with the flu should be isolated in the home, away from other people. They should also stay home until they have no fever without the use of fever-control medicines and they feel well for 24 hours. Remind your child to protect others by covering his or her mouth when coughing or sneezing. You may want to send your child to school with some tissues, and a hand sanitizer, if allowed by the school.

For more information about the flu, visit health.ny.gov/flu

Or, www.cdc.gov/flu
Centers for Disease Control and Prevention



**Department
of Health**

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